



7-DAY SAILING EXCURSION IN CHALKIDIKI AND MOUNT ATHOS **SUMMER 2010**



Chalkidiki with its three peninsulas *Kassandra*, *Sithonia* and *Mount Athos* is one of the most beautiful landscapes of Greece. It fascinates with its crystal clear waters (the sea and the many clean beaches receive every year more blue flags from the European Community than any other Prefecture), picturesque villages, deserted beaches and bays surrounded by tall pine trees. It also offers ideal and safe sailing conditions since it is protected from the occasional strong winds of the Aegean.

Our fully equipped yachts as well as our experienced skippers guaranty safe and unforgettable 7-day sailing vacation to Chalkidiki and **Mount Athos**, which for more than a thousand years has been the centre of orthodox. The unique combination of deep blue sea, mountains (to look at the 2033 m high-top of *Mount Athos* is breathtaking) monasteries and monk-villages is incomparable - a left over memory of the Byzantine.



Our well-trained skippers will show you the monasteries that we can see from a distance of 500 m. if women are on board (with men only on board we can go much closer). As one of the oldest rules of *Mount Athos* from the 11th century forbids women to get in the monks republic, this is the only possibility for you, ladies, to see the monasteries at least from the sea. For singles and couples we will try to find a matching crew.

Our boats depart every Saturday at 8:00 a.m. from the Marina of Thessaloniki and return on Friday evening.



The full excursion programme is as follows:

- **Friday** evening, we gather at our company's office, where you meet your skipper and get acquainted with the rest of the group. You all together organize and buy the shopping-list regarding food and provisions and the skipper will give you all necessary information about the excursion. You may spend the night on board (if you are interested you should, please, inform us in advance).
- We depart on **Saturday** morning at 8:00 a.m. from the Marina of Thessaloniki. After our first short stop for swimming - lunch - rest at *Sani* or *Posidi* (beautiful beaches on *Kassandra/Chalkidiki*), we arrive at *Skioni* late in the afternoon.
- On **Sunday** morning we set sail for the bay of *Marathia* (Sithonia) and in the afternoon we leave for *Sikia* or *Sarti* and spend the night there.
- On **Monday** we set off for the small island *Diaporos*, on which we find just a few private summerhouses, for swimming, eating and relaxing. In the afternoon we depart for the island of *Amouliani* or *Ouranoupolis*.
- On **Tuesday** morning we sail along the coast of **Mount Athos**, where we see at the Gulf of *Siggitikos* the 7 monasteries, *Koutloumusiou*, *Zografou*, *Xenophondos Konstantonitou*, *Panteleimonas*, *Simonos Petras*, *Grigoriou*, *Dionisiou* and *Pavlou*. With appropriate weather conditions we then sail to the cape of *Akrathos* where we can see the Monastery of *Megisti Lavra*. That night we spend in the natural harbor of *Porto Koufo*.



- On **Wednesday** we set out and reach the small beautiful bays close to *Porto Carras* and in the afternoon we arrive at the *Porto Carras* Hotel-complex. Here we find a modern marina with bars, restaurants and shops, a golf course, tennis, horse riding, a casino, any kind of water-sports and an open-air cinema. With a water-taxi or a taxi you may also visit the nearby village of *Neos Marmaras*.
- On **Thursday** we sail to the turquoise bays of *Paliouri* or *Posidi* (*Kassandra*) for swimming, lunch and rest and in the afternoon we leave for *Porto Sani* or *Nea Moudania* where we spend the night.
- On **Friday** morning we set off for Thessaloniki, where we arrive in the afternoon, after having a small stop for swimming and our last meal aboard in *Epanomy*.

The price of this 7-day excursion is **500,00 Euro** per person and includes: accommodation on board, fuel and water for the boat, skipper and moorings.



Concerning your luggage (please no suitcases but sport bags), we suggest you bring: a sleeping-bag, sheets and pillowcases (there are blankets and pillows on board), rubber-soled shoes, warm clothes (just in case), a jacket (oilskin), sun protection cream (high SPF), sunglasses, bathing suits, shorts, many shirts, towels and also some clothes for going out at night. Please take as little as possible, because there is limited storage space on the boat.

In July and August the boats depart every Saturday from the marina of Thessaloniki and return there next Friday. The rest of the year boats may depart as long as there is a group of minimum 4 people.

For further information and reservations please call: +302310-427.098, +302310-429777 from 9:00 to 14:00 and from 18:00 to 21:00 (Hellas time) on weekdays and +306944-439.514 on weekends. Fax: +302310-429.770, e-mail: mse@sail.gr website: www.sail.gr

Below you can see the map with the routes described above.

